



HYGIENE PRODUCTS IN NEED

- ☐ Shampoos
- ☐ Conditioners
- ☐ Soap
- ☐ Lotions
- ☐ Hairbrushes /Combs
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Dental floss
- ☐ Disinfecting wipes
- ☐ Feminine hygiene products
- ☐ Saving razors and creams
- ☐ Loofahs

ADDITIONAL ITEMS FOR CARE PACKS

FOR ADULTS:

- ☐ Blankets
- ☐ Sleeping bags
- ☐ Duffle bags / Backpacks
- ☐ Reuseable water bottles
- ☐ Flip flops (for warmer days)
- ☐ Thick socks (for colder days)
- ☐ Towels
- ☐ Deodorants
- ☐ Wipes
- ☐ Towels
- ☐ First aid kit (travel size)

FOR YOUTH:

- ☐ Carry-Ons (on wheels) / Backpacks
- ☐ String bags
- ☐ First Aid Kits (travel size)
- ☐ Blankets
- ☐ Sleeping bags
- ☐ Flip flops (for warmer days)
- ☐ Thick socks (for colder days)
- ☐ Sweatpants, sweatshirt (for colder days)
- ☐ Shorts, leggings, t-shirts (for warmer days)
- ☐ Reuseable water bottles
- ☐ Stuffed animals
- ☐ Toys (Lego, Puzzles etc.)

FOR INFANTS:

CLOTHING:

- ☐ Onesies, Side-Snap
- ☐ Undershirts, Side-Snap (Short and/or Long-Sleeve Based on Season)
- ☐ One-Piece Pajamas (Weight Based on Season)
- ☐ Sleepers
- ☐ Sweaters / Jackets (Front-Button)
- ☐ Outfits
- ☐ Socks/Booties
- ☐ Hats (Based on Season)
- ☐ No-Scratch Mittens
- ☐ Soft, Light Receiving Blankets or Swaddle Sets
- ☐ Wearable Blankets/ Blankets

FEEDING:

- ☐ Bibs
- ☐ Burp cloths
- ☐ Baby bottles
- ☐ Bottle cleaning brush

HYGIENE:

- ☐ Disposable Diapers in progressive sizes
- ☐ Rash Creams
- ☐ Unscented Baby Powder
- ☐ Unscented Baby Wipes
- ☐ Hooded Towels
- ☐ Grooming Kits (hairbrush, comb, nail clipper)
- ☐ Toiletry Kits (shampoo, body wash, lotion, wash cloth)

TRAVEL / TOYS:

- ☐ Diaper Bags with Pad
- ☐ Travel-Size Diaper Changing Items
- ☐ Baby Carriers
- ☐ Soft Toys, Rattles, Books
- ☐ Teethers, Pacifiers

BOX GUIDELINES

Gender specific items: Pack all item in a box & mark MEN, WOMEN, BOY, GIRL or MIX.

ITEMS WE CANNOT ACCEPT

- ⇒ **Religious Items**
- ⇒ **Used items**



SCHOOL SUPPLIES (K-12)

- ☐ Ruled notebooks (1,3,5 subjects)
- ☐ Composition notebooks
- ☐ Graphing notebooks
- ☐ Index cards
- ☐ Folders (with pockets)
- ☐ Pencil boxes
- ☐ Pens (blue/black/red)
- ☐ #2 Pencils
- ☐ Pencil sharpeners
- ☐ Erasers

- ☐ Crayons
- ☐ Watercolors
- ☐ Colored pencils
- ☐ Colored markers
- ☐ Highlighters
- ☐ Dry erase (markers/fine point/eraser)
- ☐ 12" Rulers
- ☐ Glue sticks
- ☐ School glues
- ☐ Round edged scissors

- ☐ Binders 3 ring (1/2" or 1")
- ☐ Tap dividers
- ☐ Copy papers
- ☐ Sheet protectors
- ☐ Hand sanitizer
- ☐ Disinfecting wipes
- ☐ Calculators
- ☐ Pencil cases/pouches
- ☐ Journals
- ☐ Regular Backpacks

ADDITIONAL ITEMS FOR SCHOOL ISSUED DEVICE:

- ☐ Backpacks with laptop sleeve
- ☐ Headphones or earbuds
- ☐ Mouses (wireless USB recommended)
- ☐ USB flash drives
- ☐ Styluses



NON-PERISHABLE FOOD

- ☐ Dry beans
- ☐ Canned beans
- ☐ Peanut butter, or other nut butters
- ☐ Rolled oats
- ☐ Canned fruit in juice, not in light or heavy syrup
- ☐ Canned vegetables, with no or low sodium
- ☐ Low-sodium soups
- ☐ Canned tuna in water
- ☐ Canned chicken
- ☐ Rice
- ☐ Quinoa
- ☐ Nuts, unsalted
- ☐ Seeds, unsalted
- ☐ Shelf stable milk and milk substitutes
- ☐ Whole grain pasta
- ☐ Low-sodium pasta sauce
- ☐ Popcorn kernels (not microwave popcorn)
- ☐ Canned stews
- ☐ Unsweetened apple sauce
- ☐ Whole grain, low-sugar cold cereals
- ☐ Olive or canola oil
- ☐ Canned tomatoes
- ☐ Dried fruits, no sugar added
- ☐ Honey
- ☐ Chicken, beef and vegetable broths and stock
- ☐ Snack bars
- ☐ Water

HELPFUL SHOPPING GUIDE:

- ⇒ **Canned Ready to eat meals**
- ⇒ **Pop-top lids – don't need can opener**
- ⇒ **Avoid glass packaged.**
- ⇒ **No expired dated food**

BIRTHDAY IN A BOX

- ☐ Cake mixes and frosting
- ☐ Candles
- ☐ Balloons
- ☐ Package of party hats
- ☐ Noisemakers/Blowers Party decorations
- ☐ Birthday banner
- ☐ Party game ("pin the tail" or similar game)
- ☐ Paper goods (Plates, napkins & cups)
- ☐ Disposable table covers
- ☐ Treat bags and favors
- ☐ Small gift for birthday child (\$1-\$10)

OUR GUIDELINES FOR BIRTHDAY IN A BOX:

- ⇒ **All items in the box must be NEW.**
- ⇒ **All items must be in original packaging.**
- ⇒ **FOOD: Please check all expiration dates.**
- ⇒ **Choose a generic happy birthday, current or popular birthday theme for children ages 1-17.**
- ⇒ **Pack all items in a box and mark BOY or GIRL and theme.**

ITEMS WE CANNOT ACCEPT

- ⇒ **Religious Items**
- ⇒ **FOOD: Open Packages**
- ⇒ **Expired FOOD: Please check all expiration dates.**
- ⇒ **Open Packages of Paper Goods**
- ⇒ **Used Items**

HELPFUL HINTS

- ⇒ You have the choice to create your own packages, different from the above supply list if it fits into our guidelines.
- ⇒ Get together with friends, family, co-workers, and neighbor and create a Packages together.
- ⇒ For Local: Contact MACC to schedule a pickup time www.motherandchildcharity.com/contact/

Thank you for your support and as always, we are at your service for any questions, concerns, and ideas you may have.