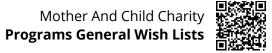


HY	GIENE PRODUCTS IN NEED				
	Shampoos		Toothpaste		Towels
	Conditioners		Dental floss		Deodorants
	Soap		Disinfecting wipes		Wipes
	Lotions		Feminine hygiene products		Towels
	Hairbrushes /Combs		Saving razors and creams		First aid kit (travel size)
	Toothbrush		Loofahs		
<u>AD</u>	DITIONAL ITEMS FOR CARE PACKS				
FOI	R ADULTS:				
	Blankets		Reuseable water bottles		Sweatpants, sweatshirt (for colder days)
	Sleeping bags		Flip flops (for warmer days)		Shorts, leggings, t-shirts (for warmer days)
	Duffle bags / Backpacks		Thick socks (for colder days)		
	R YOUTH:				
	Carry-Ons (on wheels) / Backpacks		Sleeping bags		Shorts, leggings, t-shirts (for warmer days)
	String bags		Flip flops (for warmer days)		Reuseable water bottles
	First Aid Kits (travel size)		Thick socks (for colder days)		Stuffed animals
	Blankets		Sweatpants, sweatshirt (for colder days)		Toys (Lego, Puzzles etc.)
	R INFANTS:				
CLC	OTHING:				
	Onesies, Side-Snap		Sleepers		Hats (Based on Season)
	Undershirts, Side-Snap (Short and/or Long-		Sweaters / Jackets (Front-Button)		No-Scratch Mittens
	Sleeve Based on Season)		Outfits		Soft, Light Receiving Blankets or Swaddle Set
	One-Piece Pajamas (Weight Based on Season)		Socks/Booties		Wearable Blankets/ Blankets
FEE	DING:				
	Bibs		Baby bottles		
	Burp cloths		Bottle cleaning brush		
HY	GIENE:				
	Disposable Diapers in progressive sizes		Hooded Towels		First Aid Kits (thermometer, bandage)
	Rash Creams		Grooming Kits (hairbrush, comb, nail clipper)		Hand Sanitizers
	Unscented Baby Powder		Toiletry Kits (shampoo, body wash, lotion, wash		
	Unscented Baby Wipes		cloth)		
TR/	AVEL / TOYS:				
	Diaper Bags with Pad				
	Travel-Size Diaper Changing Items	<u>BO</u>	X GUIDELINES	<u>ITE</u>	MS WE CANNOT ACCEPT
	Baby Carriers	Gei	nder specific items: Pack all item in a box &	$\Rightarrow$	Religious Items
	Soft Toys, Rattles, Books		mark MEN, WOMEN, BOY, GIRL or MIX.	$\Rightarrow$	Used items
	Teethers, Pacifiers				

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# **SCHOOL SUPPLIES (K-12)**

- □ Ruled notebooks (1,3,5 subjects)
- Composition notebooks
- ☐ Graphing notebooks
- □ Index cards
- ☐ Folders (with pockets)
- Pencil boxes
- Pens (blue/black/red)
- □ #2 Pencils
- Pencil sharpeners
- Erasers

# **ADDITIONAL ITEMS FOR SCHOOL ISSUED DEVICE:**

- ☐ Backpacks with laptop sleeve
- ☐ Headphones or earbuds
- Mouses (wireless USB recommended)
- USB flash drives
- □ Styluses

- Crayons
- Watercolors
- Colored pencils
- Colored markers
- Highlighters
- □ Dry erase (markers/fine point/eraser)
- □ 12" Rulers
- ☐ Glue sticks
- □ School glues
- Round edged scissors

- □ Binders 3 ring (1/2" or 1")
- Tap dividers
- Copy papers
- Sheet protectors
- Hand sanitizer
- Disinfecting wipes
- Calculators
- □ Pencil cases/pouches
- Journals
- Regular Backpacks

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etable broths and stock

### **NON-PERISHABLE FOOD**

Dry beans	Rice	Unsweetened apple sauce
Canned beans	Quinoa	Whole grain, low-sugar cold cereals
Peanut butter, or other nut butters	Nuts, unsalted	Olive or canola oil
Rolled oats	Seeds, unsalted	Canned tomatoes
Canned fruit in juice, not in light or heavy syrup	Shelf stable milk and milk substitutes	Dried fruits, no sugar added
Canned vegetables, with no or low sodium	Whole grain pasta	Honey
Low-sodium soups	Low-sodium pasta sauce	Chicken, beef and vegetable broths
Canned tuna in water	Popcorn kernels (not microwave popcorn)	Snack bars
Canned chicken	Canned stews	Water

#### **HELPFUL SHOPPING GUIDE:**

- **Canned Ready to eat meals**
- Pop-top lids don't need can opener
- Avoid glass packaged.
- No expired dated food

### **BIRTHDAY IN A BOX**

DIKTIDAT IN A DOX							
	Cake mixes and frosting		Noisemakers/Blowers Party decorations		Disposable table covers		
	Candles		Birthday banner		Treat bags and favors		
	Balloons		Party game ("pin the tail" or similar game)		Small gift for birthday child (\$1-\$10)		
	Package of party hats		Paper goods (Plates, napkins & cups)				

#### **OUR GUIDELINES FOR BIRTHDAY IN A BOX:**

- All items in the box must be NEW.
- All items must be in original packaging.
- FOOD: Please check all expiration dates.
- Choose a generic happy birthday, current or popular birthday theme for children ages 1-17.
- Pack all items in a box and mark BOY or GIRL and theme.

#### ITEMS WE CANNOT ACCEPT

- **Religious Items**
- **FOOD: Open Packages**  $\Rightarrow$
- Expired FOOD: Please check all expiration dates.
- **Open Packages of Paper Goods**
- **Used Items**

#### **HELPFUL HINTS**

- You have the choice to create your own packages, different from the above supply list if it fits into our guidelines.
- Get together with friends, family, co-workers, and neighbor and create a Packages together.
- For Local: Contact MACC to schedule a pickup time www.motherandchildcharity.com/contact/

Thank you for your support and as always, we are at your service for any questions, concerns, and ideas you may have.

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